



EPICUREAN FEAST
Cafés

— at DCU —



BREAKFAST

includes coffee, tea, and spring water

Mini Breakfast Pastries

assortment of lemon and raspberry crowns, cinnamon swirls and maple pecan plaits

Healthy Start

assorted yogurt served with granola, seasonal fruit salad, whole bananas and honey

Epicurean Breakfast

an assortment of fresh baked mini pastries, muffins and bagels with fresh sliced seasonal fruit

Simple Sunrise Breakfast

cage free scrambled eggs, home fries, and smoked bacon or sausage

Breakfast Burritos

fresh scrambled eggs, peppers, onions, home fried potatoes and cheese wrapped in a flour tortilla

LUNCH

served with pickle chips, assorted potato chips or salad and a choice of cookies and brownies or whole fruit

Assorted Sandwiches and Wraps

- grilled chicken, pesto mayo, roasted red pepper and romaine on assorted bread/wraps
- marinated grilled portabella, mozzarella, grilled onion, baby spinach and balsamic glaze on an onion roll
- chicken caesar on a flour tortilla
- turkey, smoked bacon, cheddar, lettuce, tomato on a flour tortilla
- roast beef, grilled onion, lettuce and horseradish mayo

Panini

italian meats

tomato, provolone, oil, vinegar, red onion, banana pepper, ciabatta roll

turkey caprese

turkey, pesto, fresh mozzarella, baby spinach, ciabatta roll

BEVERAGES

assorted canned soda, bottled water

LUNCH ENTRÉES

Chicken Parmesan

Italian breaded chicken, marinara sauce, and mozzarella cheese. choice of pasta with marinara, white or brown rice, or roasted potatoes

Pasta Palermo

penne pasta, toasted pine nuts, roasted red peppers, capers, artichoke hearts, sun-dried tomatoes, shredded parmesan cheese, olive oil and chopped parsley

Pasta Sarafino

pasta palermo with the addition of sautéed bite size portions of chicken breast

SALADS

Caesar Salad

crisp romaine lettuce, parmesan cheese, seasoned croutons, caesar dressing

Cobb Salad

mixed greens, grilled chicken, bacon, egg, tomato, blue cheese and avocado

Garden Salad

chopped romaine, cucumber, grape tomato, red onion, shredded carrots red cabbage

SNACKS

assorted cookies and brownies

red velvet cupcakes and whoopie pies

cheese and fruit display: assorted cheeses and sliced fresh seasonal fruit, assorted crackers

fruit salad: sliced seasonal fresh fruit with yogurt dipping sauce

vegetable crudites with seasonal vegetables: asparagus, peppers, cucumbers, baby carrots, cherry tomatoes, broccoli, celery sticks. served with ranch and blue cheese dressing